

Seagulls Report

Hannah Keen and Kevin Pickard travelled to Sheffield last weekend to compete in the British Gas ASA National Masters & Senior Age Group Championships, coming away with five medals between them; four silver and one bronze.

Hannah was pushed into the silver medal position in her main events of 50 and 100 freestyle by Olympic hopeful and full-time swimmer, Georgina Heyn. However both swims were lifetime bests for Hannah (26.04 and 58.09) and with Olympic Trials looming in March the race is on to secure qualifying times to attend those trials. "To be swimming personal bests this early in the season is a positive sign for me heading into the winter season"

In her other events Hannah also had success. Firstly in the 50 Butterfly swimming a 30.16, which secured 5th place and was another lifetime best. In the 50 back clocking a 31.98 earning 4th place. In the 200 freestyle she clocked a 2.09.99 which brought in another silver medal for the seagull swimmer. Finally in the 50 breastroke Hannah swam another lifetime best of 34.47 finishing in 4th place.

Kevin Pickard competed in seven races in Sheffield having mixed success. He picked up a silver medal in the 50 backstroke clocking a 27.02. He secured a bronze medal in the 100 Individual Medley in a 59.59 taking almost a second off his lifetime best. His other results were: 100 freestyle (52.65), 100 butterfly (1.00.92), 100 backstroke (59.47), 50 butterfly (26.83) and finally 50 freestyle (23.99). Pickard said "Coming off a two month block of hard training it was nice to do some racing, however there is a long way left until trials so I am just trying to remain focussed on making those."

Kevin returns to Sheffield this coming weekend with his university team for the British University Championships, whilst Hannah will be competing with Hastings Seagull at the Arena Swimming League round two.